



Steak n Shake Ingredient and Allergen List

FOOD ALLERGEN WARNING: Our restaurants prepare and serve products that contain Peanuts, Tree Nuts, Wheat, Soy, Milk, Egg, and Fish. To ensure our guest's safety we cannot guarantee any of our products are free of these allergens.

Our restaurants prepare and serve products that contain **Peanuts, Tree Nuts, Wheat, Soy, Milk, Egg, and Fish**. While a particular ingredient statement for an individual product may not list one of these allergens, our products may be prepared in an environment that is shared with products containing one or more of these allergens. Accordingly, Steak n Shake cannot assure that any menu item will be "allergen free."

Neither Steak n Shake, its franchisees, its suppliers nor its employees assume any responsibility for sensitivity or allergy to any food product or ingredient provided by or in our restaurants.

Anyone with any food sensitivity, allergies, special dietary needs, or specific dietary inquiries and/or concerns should consult a medical professional of their own selection regarding the suitability of our food products and/or ingredients, and should regularly review the information contained at www.steaknshake.com for content updates. This information is correct as of August 2012.

Steakburgers™

Original Steakburgers™ (Single, Double, Triple)

Steakburgers, and Regular Bun.

Contains: wheat, milk, soy

Original Steakburgers™ with Cheese (Single, Double, Triple)

Steakburgers, American Cheese, and Regular Bun.

Contains: wheat, milk, soy

Bacon 'n Cheese Double Steakburger™

Steakburgers, Regular Bun, American Cheese, and Bacon.

Contains: wheat, milk, soy

California Steakburger™

Steakburgers, Buttered Knotted Bun, Aged White Cheddar Cheese, Peppercorn Bacon, Wasabi Aioli, Avocado, Lettuce, Tomato, and Savor Seasoning.

Contains: wheat, milk, soy

Cheesy Cheddar Steakburger™

Steakburgers, Knotted Bun, Wisconsin Cheddar Cheese, Lettuce, Tomato, Liquid Margarine, and Fry 'n Steakburger™ Seasoning.

Contains: wheat, milk, soy

Grilled Portobello 'n Swiss Steakburger™

Steakburgers, Knotted Bun, Swiss Cheese, Fresh Portobello Mushrooms, Caramelized Onions, Savory Seasoning, Garlic Mayo, and Liquid Margarine.

Contains: wheat, milk, soy, eggs

Guacamole Steakburger™

Steakburgers, Knotted Bun, Pepperjack Cheese, Fresh Guacamole, Red Onion, Tomato, Lettuce, Chipotle Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Jalapeno Crunch Steakburger™

Steakburgers, Knotted Bun, Pepperjack Cheese, Crispy Onions, Salsa, Pickled Jalapeno, Chipotle Sauce Savory Seasoning

Contains: wheat, milk, soy, eggs



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Royale Steakburger®

Steakburgers, Knotted Bun, Farm-Fresh Egg, American Cheese, Bacon, Tomato, Lettuce, Reduced Calorie Mayonnaise, Liquid Margarine, and Savory Seasoning.

Contains: wheat, soy, milk, eggs

7x7 Steakburger™

Steakburgers, Regular Bun, American Cheese, and Savory Seasoning.

Contains: wheat, milk, soy

Western BBQ 'n Bacon Steakburger™

Steakburgers, Knotted Bun, Pepperjack Cheese, Bacon, Jalapeno Peppers, Red Onion, Tomato, Lettuce, Chipotle Sauce, and Liquid Margarine.

Contains: wheat, milk, soy

Wisconsin Buttery Steakburger™

Steakburgers, Knotted Bun, American Cheese, Caramelized Onions, Butter, and Liquid Margarine.

Contains: wheat, milk, soy

Steakburger Shooters®

A.1® Thick & Hearty Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and A-1® Thick and Hearty Sauce.

Contains: wheat, soy

All American Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, American Cheese, Onion, Tomato, Lettuce, and California Sauce.

Contains: wheat, soy, milk, egg

BBQ Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and BBQ Sauce.

Contains: wheat, soy

Chipotle Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and Chipotle Sauce.

Contains: wheat, soy, eggs

Frisco Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and Frisco Sauce.

Contains: wheat, soy, eggs

Gorilla Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, Caramelized Onion, American Cheese, Mustard, Tomato, Lettuce, and California Sauce.

Contains: wheat, soy, milk, egg

Guacamole Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, Pepperjack Cheese, and Fresh Guacamole.

Contains: wheat, soy, milk, eggs

Jalapeno Crunch Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, Pepperjack Cheese, Crispy Onions, Salsa, Pickled Jalapeno, and Chipotle Sauce.

Contains: wheat, soy, milk, eggs



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Ketchup & Mustard Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, Ketchup, and Mustard.

Contains: wheat, soy

Ketchup & Onion Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, Ketchup, and Diced Onion.

Contains: wheat, soy

Classic Melts

Chicken Melt

Chicken, Sourdough Bread, Swiss Cheese, Bacon, Tomato, Frisco Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Frisco Melt

Steakburgers, Sourdough Bread, American Cheese, Swiss Cheese, Frisco Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Patty Melt

Steakburgers, Rye Bread, American Cheese, Grilled Onions, and Liquid Margarine.

Contains: wheat, soy, milk

Pepperjack Melt

Steakburgers, Sourdough Bread, Pepperjack Cheese, Caramelized Onions, Jalapeño Peppers, Lettuce, Tomato, Mayonnaise, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Veggie Melt With Portobello Mushrooms

Grilled Sourdough Bread, Portobello Mushrooms, Guacamole, Red Onion, Lettuce, Tomato, Pepperjack Cheese, and Liquid Margarine.

Contains: wheat, milk, soy

Veggie Melt Without Portobello Mushrooms

Grilled Sourdough Bread, Guacamole, Red Onion, Lettuce, Tomato, Pepperjack Cheese, and Liquid Margarine.

Contains: wheat, milk, soy

Steak Franks

Steak Frank

All Beef Steak Frank, Bun, Mustard, Ketchup, and Relish (if requested).

Contains: wheat, soy (bun)

Carolina Slaw Steak Frank

All Beef Steak Frank, Bun, Mustard, Diced Onion, and Cole Slaw.

Contains: wheat, soy (bun), eggs

Cheesy Cheddar Steak Frank

All Beef Steak Frank, Bun, Caramelized Onions, Cheddar Cheese, and Liquid Margarine.

Contains: wheat, soy (bun), milk

Chicago Style Steak Frank

All Beef Steak Frank, Bun, Mustard, Diced Onion, Sweet Pickle Relish, Tomato, Pickle, and Sport Peppers.

Contains: wheat, soy (bun)



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Chili Cheese Steak Frank

All Beef Steak Frank, Bun, Genuine Chili, Cheddar-Jack Cheese, and Onion.

Contains: wheat, soy (bun and lecithin from chili), milk

Guacamole Steak Frank

All Beef Steak Frank, Bun, Guacamole, and Diced Tomato.

Contains: wheat, soy (bun)

Sandwiches

BLT

Thick Sliced White Bread, Bacon, Tomato, Lettuce, and Mayonnaise.

Contains: wheat, soy, eggs, milk

BBQ Chicken Fingers

Fried Chicken Fingers and BBQ Sauce.

Contains: eggs, milk

Buffalo Chicken Fingers

Fried Chicken Fingers and Medium Buffalo Wing Sauce

Contains: eggs, milk

Chicken Fingers 'n Fries

Fried Chicken Fingers, French Fries, and Choice of Sauce – BBQ, Honey Mustard, Ranch, Chipotle, or Buffalo.

Contains: wheat, milk, (Sauces – refer to individual dressing/sauce for ingredients)

Fish Platter

Fried Fish Filet, Tartar Sauce, and French Fries.

Contains: wheat, soy, milk, egg

Fish Sandwich

Fried Fish Filet, Bun, Tartar Sauce and Lettuce.

Contains: wheat, soy, milk, egg

Grilled Cheese

Thick-sliced White Bread, American Cheese, and Liquid Margarine.

Contains: wheat, soy, milk

Grilled Chicken Sandwich

Grilled Chicken Fillet, Knotted Bun, Tomato, Lettuce, Mayonnaise, and Liquid Margarine.

Contains: wheat, soy, eggs

Guacamole Grilled Chicken Sandwich

Grilled Chicken Fillet, Knotted Bun, Pepperjack Cheese, Guacamole, Red Onion, Tomato, Lettuce, Chipotle Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Jalapeno Crunch Chicken Sandwich

Grilled Chicken Fillet, Knotted Bun, Pepperjack Cheese, Crispy Onions, Salsa, Pickled Jalapeno, and Chipotle Sauce.

Contains: wheat, milk, soy, eggs

Spicy Chicken Sandwich

Fried Spicy Chicken Fillet, Knotted Bun, Tomato, Lettuce, Mayonnaise, Liquid Margarine, and Bleu Cheese (optional).

Contains: wheat, soy, eggs, milk



Steak n Shake Ingredient and Allergen List

Turkey Club

Thick Sliced White Bread, Turkey, Bacon, Tomato, Lettuce, and Mayonnaise.

Contains: wheat, soy, eggs

Steakburger™ and Sandwich Components

Meat, Poultry, Fish

Steakburger™

100% pure beef patty.

All Beef Steak Franks

Beef, Water, Salt, Less than 2% of the following: Flavorings, Potassium Lactate, Sorbitol, Sodium Phosphate, Sodium Diacetate, Paprika, Sodium Erythorbate, and Sodium Nitrate.

Bacon

Cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, and Sodium Nitrite.

Chicken, Spicy Fillet

Chicken Breast Fillets with Rib Meat, Water, Salt, Sodium Phosphates, Gum Arabic, Spices, Paprika, Spice Extractives and Extractives of Paprika. Battered with Water, Wheat Flour, Modified Corn Starch, Salt, Spices, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Extractives of Paprika, Garlic Powder, and Natural Flavor. Breaded with Wheat Flour, Salt, Spices, Garlic Powder, Extractive of Paprika, less than 2% Silicon Dioxide (anticaking agent). Predusted with Wheat Flour, Wheat Gluten, Salt, Spices, Egg White Solids, and Spice Extractives. Breeding set in Vegetable Oil.

Contains: egg, wheat

Chicken, Grilled Fillet

Chicken Breast with Rib Meat, Water, Seasoning (Sugar, Salt, Modified Corn Starch, Autolyzed Yeast Extract, Dried Onion, Dried Yeast, Spices, Dried Garlic, Paprika, Disodium Inosinate, Disodium Guanylate, Hydrolyzed Soy Protein, Soybean Oil, Natural Flavors, Chicken Flavor, Hydrolyzed Corn Protein, Chicken Fat), Rice Starch, and Sodium Phosphates.

Contains: soy

Chicken Fingers

Chicken Breast Tenderloins, containing up to 11% of solution of Water, Salt, Sodium Phosphates. Breaded with Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Soybean Oil, Paprika, Spices. Battered with Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Buttermilk Solids, Spices, Salt, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Flavor (Spice Extractive, Gum Arabic), and Guar Gum. Breeding set in Vegetable Oil (Corn Oil and/or Soybean Oil).

Contains: wheat, milk, soy

Fish

Cod, Water, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Yeast), Modified Corn Starch, Yellow Corn Flour, Salt, Autolyzed Yeast Extract, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Spices, Soybean Oil, Natural and Artificial Flavors, Onion Powder, Spice Extractive, Yellow 5, and Yellow 6. Fried in Soybean Oil.

Contains: fish (Cod), wheat, soy

Turkey, Shaved Oven Roasted

Turkey Breast, Water, Modified Food Starch, Contains 2% or less of Potassium Lactate, Salt, Sugar, Sodium Phosphates, Carrageenan, Sodium Diacetate, and Natural Flavor.



Steak n Shake Ingredient and Allergen List

Buns and Breads

Bread, Rye

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Rye Flour, Yeast, Salt, High Fructose Corn Syrup, Corn Syrup, Wheat Gluten, Soybean Oil, Sugar, Caraway (Ground and Seeds), Commeal, Wheat Gluten, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Soy Lecithin, Calcium Propionate and Potassium Sorbate (to retain freshness), Contains 2% or less of the following: Wheat Starch, Acetic Acid, Vinegar, Yeast Nutrients (Calcium Sulfate, Ammonium Phosphate, Ammonium Chloride), Fumaric Acid, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Niacin, Ferrous Sulfate (Iron), Monocalcium Phosphate, Phosphoric Acid, Xanthan Gum, Lactic Acid, Thiamine Hydrochloride, Enzymes, Riboflavin, Folic Acid, Natural Flavors, Onion Powder, and Corn Starch.

Contains: wheat, soy

Bread, Sourdough

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Yeast, High Fructose Syrup, Contains 2% or less of the following: Soybean Oil, Sugar, Salt, Fumaric Acid, Vinegar, Malic Acid, Lactic Acid, Acetic Acid, Sodium Diacetate, Tricalcium Phosphate, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine Hydrochloride, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Tricalcium Phosphate, Calcium Salts, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Soy Lecithin, Corn Starch, Xanthan Gum, Enzymes, Thiamine Hydrochloride, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy

Bread, Texas Toast (Thick White Bread)

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Wheat Gluten, Salt, Dough Conditioners (Mono and/or Diglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, DATEM, Calcium Stearoyl Lactylate, Calcium Iodate, Ethoxylated Mono- and Diglycerides, Enzymes), Yeast Nutrients (Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate, Ammonium Chloride), Nonfat Milk, Soy Lecithin, Soy Flour, Corn Starch, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy, milk

Bread, Wheat

Enriched Bleached Wheat Flour (Wheat Flour Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Whole Wheat Flour, Wheat Bran, Yeast, High Fructose Corn Syrup, Honey, Wheat Gluten, Rye Flour, Contains 2% or less of the following: Soybean Oil, Salt, Molasses, Vinegar, Cultured Wheat Flour, Butter (Milk), Malt Extract (Corn and Barley), Dough Conditioners (Sodium Stearoyl Lactylate, Ascorbic Acid, Azodicarbonamide, DATEM, Mono and Diglycerides, Calcium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Calcium Iodate, Ethoxylated Mono- and Diglycerides), Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate), Caramel Color, Enzymes, Soy Flour, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy, milk

Buns, Steakburger™

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Sodium Stearoyl Lactylate), Malt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (to retain freshness), Soy Lecithin, Soy Flour, Whey, Enzymes, and Calcium Dioxide.

Contains: wheat, soy, milk



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Buns. Knotted

Wheat Flour, Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Wheat Gluten, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Azodicarbonamide), Corn Starch, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Calcium Propionate (preservative), and Wheat Starch.

Contains: wheat, soy

Buns. Mini Kaiser

Enriched Flour (Wheat Flour), Malted Barley Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of each of the following: Wheat Gluten, Salt, Calcium Sulfate, Dough Conditioners (Contains one or more of the following: Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Mono and/or Diglycerides, Calcium Peroxide, Calcium Iodate, DATEM, Ethoxylated Mono- and Diglycerides, Azodicarbonamide), Enzymes, Monocalcium Phosphate, and Calcium Propionate (to retard spoilage).

Contains: wheat, soy

Buns. Steak Franks

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Vegetable Oil (Soybean Oil or Canola Oil), Yeast, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono and Diglycerides, Sodium Stearoyl Lactylate, Calcium Stearoyl-2 Lactylate, Ascorbic Acid, Calcium Peroxide, Polysorbate 60, Azodicarbonamide, DATEM), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Soy Flour, Soy Lecithin, Corn Starch, Calcium, and Calcium Propionate (to retain freshness).

Contains: wheat, soy

Cheese and Cheese Sauce

Cheese. Aged White Cheddar

Pasteurized Milk, Cheese Culture, Salt and Enzymes.

Contains: milk

Cheese. American

Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Acetic Acid, Enzymes, and Soy Lecithin.

Contains: milk, soy

Cheese. American – Mini

Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, and Soy Lecithin.

Contains: milk, soy

Cheese. Cheddar Sauce

Water, Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto Color), Partially Hydrogenated Soybean Oil, Corn Starch-Modified, Nonfat Dry Milk, Contains 2% or less of Sodium Phosphate, Salt, Casein, Corn Starch, Sodium Citrate, Whey, Acetic Acid, Cellulose Gum, Monoglycerides, Parmesan Cheese (Milk, Cultures, Salt, Enzymes), Yeast Extract, Citric Acid, Lactic Acid, Spice (Mustard Flour), Natural Flavors (typically found naturally occurring in cheese and other dairy products), Bleu Cheese (Milk, Cultures, Salt, Enzymes), Swiss Cheese (Milk, Cultures, Salt, Enzymes), Annatto Color, Maltodextrin, Whey Protein Concentrate, Cream, Yellow No. 6, Caramel Color, and Butter Oil.

Contains: milk

Cheese. Monterrey Jack

Cultured Pasteurized Milk, Salt, Enzymes, Potato Starch and Powdered Cellulose (added to prevent caking) and Natamycin (a natural mold inhibitor).

Contains: milk



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Cheese, Pepperjack

Cultured Milk, Water, Sodium Citrate, Cream, Salt, Jalapeno Puree, Sorbic Acid (preservative), Sodium Pyrophosphate, Jalapeno Peppers*, Natural Flavor, Red Bell Peppers*, Soy Lecithin, Enzymes, and Calcium Chloride. *Dried

Contains: milk, soy

Cheese, Swiss

Cultured Milk, Salt, Enzymes, and Powdered Cellulose (to prevent caking). Aged over 60 days.

Contains: milk

Cheese, Wisconsin Cheddar

Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color, Potato Starch, Powdered Cellulose added to prevent caking, and Natamycin (a natural mold inhibitor).

Contains: milk

Sauces and Dressings

Fresh Salsa

Roma Tomatoes, Fire Roasted Tomatoes:(Unpeeled Diced Tomatoes Tomato Juice, 2% or Less of: Salt, Citric Acid, Yeast Extract, Calcium Chloride, Natural Flavor, Onion Juice, Garlic Powder, Onion Powder), Jalapeno, Cilantro, Lime Juice, Salt, Onion, Chipotle Peppers in Spicy Adobo Sauce: (Chipotle Peppers, Tomato Puree, Onions, Vinegar, Canola Oil, Sugar, Salt, Paprika and Garlic.

Garlic Mayonnaise

Soybean Oil, Water, Garlic Puree (garlic and vinegar), Vegetable Puree (carrot, celery, onion, salt and citric acid), Egg Yolk, distilled Vinegar, Sugar, Whole Eggs (dried), Modified Food Starch, Lemon Juice Concentrate, Potassium Sorbate, Sodium Benzoate (preservatives), Citric Acid, Natural Flavors, Calcium Disodium EDTA (to protect freshness), and Caramel Color.

Contains: eggs

Ketchup

Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, and Natural Flavorings.

Mayonnaise, Reduced Calorie

Water, Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Modified Corn Starch, Salt, Spice, Xanthan Gum, Potassium Sorbate, Sodium Benzoate (preservatives), Citric Acid, Calcium Disodium EDTA (to protect flavor), Natural and Artificial Flavors, and Yellow 5.

Contains: eggs

Mustard

Distilled Vinegar, Mustard Seed, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, and Paprika.

Sauce, A.-1®. Thick & Hearty

Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Raisin Paste, Crushed Orange Puree, Spice, Xanthan Gum, Dried Onions, Dried Garlic, and Caramel Color.

Sauce, Barbecue

High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Water, Salt, Pineapple Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Potassium Sorbate (preservative), and Natural Flavors.

Sauce, Buffalo

Water, Cayenne Pepper Puree (Cayenne Pepper Sauce, Salt, Vinegar), Distilled Vinegar, Soybean Oil and Partially Hydrogenated Soybean Oil, Salt, Modified Corn Starch, Garlic Powder, Natural Flavors, Mono and Diglycerides, Spice, Xanthan Gum, Propylene Glycol Alginate, Sodium Benzoate, Potassium Sorbate



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(preservatives), and Calcium Disodium EDTA (to protect flavor).

Sauce, Buffalo Wing Medium

Aged Cayenne Pepper, Water, Vegetable Oil (Soybean and/or Canola), Vinegar, Salt, Garlic, Modified Food Starch, Contains Less than 2% of: Egg Yolk, Lemon Juice Concentrate, Xanthan Gum, Molasses, Corn Syrup, Spices, Onion, Caramel Color, Sugar, Calcium Disodium EDTA (to protect flavor), Tamarind, Partially Hydrogenated Soybean Oil, and Natural Flavor (Milk).

Contains: eggs, milk

Sauce, California

Ketchup (Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring), Soybean Oil, Cucumber, Yellow Mustard (Vinegar, Mustard Seed, Salt, Turmeric, Spice), Water, Vinegar, Sugar, Eggs, Salt, Xanthan Gum, Mustard Flour, Natural Flavor, Spice, Sodium Benzoate (as a preservative), and Alum.

Contains: eggs

Sauce, Chipotle

Soybean Oil, Water, Chipotle Puree (Chipotle Peppers, Water, Salt, Vinegar, Citric Acid, Potassium Sorbate, Sodium Benzoate), Distilled Vinegar, Egg Yolks, High Fructose Corn Syrup, Ancho Pepper Puree (Water, Ancho Peppers, Salt, Citric Acid), Modified Corn Starch, Sugar, Salt, Spices, Cayenne Pepper Puree (Cayenne Pepper, Salt, Vinegar), Dehydrated Garlic, Garlic and Onion Powders, Xanthan Gum, Sodium Benzoate, Potassium Sorbate (preservatives), Citric Acid, Calcium Disodium EDTA (to protect flavor), and Natural Flavors.

Contains: eggs

Sauce, Frisco

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate (preservative), Polysorbate 80), Sugar, Salt, Egg Yolks, Honey, Tomato*, Onion*, Concentrated Lemon Juice, Potassium Sorbate, Sodium Benzoate (preservatives), Xanthan Gum, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Natural Flavor, Paprika, Spice, Calcium Disodium EDTA (to protect flavor), Yellow 6, and Red 40. *Dehydrated.

Contains: eggs

Sauce, Tartar

Soybean Oil, Sweet Relish, Cabbage, Onion, Egg Yolk, Water, Carrots, Contains Less Than 2% of Distilled Vinegar, Potassium Sorbate and Calcium Disodium EDTA as Preservatives, Salt, Spice, Xanthan Gum, Beta Carotene, and Tumeric.

Contains: soy, eggs

Dressing, Blue Cheese

Soybean Oil, Distilled Vinegar, Bleu Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Natamycin (A Preservative)), Water, Egg Yolks, Sugar, Salt, High Fructose Corn Syrup, Natural And Artificial Bleu Cheese Flavor, Potassium Sorbate, Sodium Benzoate (Added As Preservatives), Xanthan Gum, Sour Cream Solids (Cream, Nonfat Milk Cultures, Cultured Nonfat Milk, Lactic Acid, Citric Acid, And BHA (A Preservative)), Spice, and Granulated Garlic.

Contains: milk and eggs

Wasabi Aioli

Soybean Oil, Distilled Vinegar, Egg Yolk, Horseradish, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Wasabi Powder (Horseradish, Corn Flour, Mustard, Ascorbic Acid, Artificial Flavor, Artificial Color), Spice, Natural and Artificial Flavor, Lemon Juice Concentrate, Xanthan Gum, Calcium Disodium EDTA (to protect flavor), Paprika, Yellow #6 and Blue #1.

Contains: soy, eggs

Other Toppings

Seasoning, Fry 'n Steakburger™ (Steakburger Shooters®, Cheesy Cheddar)

Salt, Dehydrated Onion and Garlic, Sugar, Spices, Paprika, Turmeric, and Soybean Oil.



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Savory Seasoning (Portobello 'n Swiss Steakburger™, Royale Steakburger®, California Double Steakburger™) Salt, Spices, Dehydrated Garlic, Soybean Oil, and Silicon Dioxide (added less than 2% as an anti-caking agent).

Guacamole

Fresh Avocados, Fresh Jalapeño Peppers, Fresh Red Onion, Fresh Cilantro, Salt, Fresh Lemon and Lime Juice.

Onions, Caramelized

Onions, Liquid Margarine (Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid [added to protect flavor], Artificial Flavors, Colored with Beta Carotene, and Dimethylpolysiloxane [antifoaming agent]).

Contains: soy

Onions, Crispy

Onions, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (may contain one or more of the following: Sunflower, Safflower Oil), and Salt.

Contains: wheat

Packaged in a facility that also packages tree nuts

Pickles, Dill - Sliced

Pickles (Cucumbers, Water, Salt, Vinegar, Calcium Chloride), Water, Distilled White Vinegar, Alum, Salt, Potassium Sorbate (preservative), Calcium Chloride, Natural Flavorings, Calcium Disodium EDTA added to protect flavor, Garlic Powder, Polysorbate 80, and Yellow 5.

Pickle Relish, Chicago Style

Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate [preservative], Polysorbate 80), Water, Potassium Sorbate (preservative), Yellow 5, and Blue 1.

Pickle Relish, Mustard

Fresh Onions, Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric), Pickles (Cucumbers, Water, Salt, Vinegar, Calcium Chloride, Water, Distilled White Vinegar, Alum, Salt, Potassium Sorbate (preservative), Calcium Chloride, Natural Flavorings, Calcium Disodium EDTA added to protect flavor, Garlic Powder, Polysorbate 80, Yellow 5), Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic Cloves, Chili Peppers, Natural Flavor, Shallots), and Black Pepper.

Contains: soy, fish (anchovies)

Mushrooms, Portobello

Fresh Portobello Mushrooms.

Pico de Gallo

Fresh Tomatoes, Fresh Jalapeño Peppers, Fresh Red Onion, Fresh Cilantro, and Fresh Lime Juice.

Sour Cream

Grade Cultured Cream

Contains: milk

Fresh Leaf Lettuce

Fresh Onion Slices

Fresh Tomato Slices

Liquid Margarine (for Grilling)

Soybean Oil, Hydrogenated Soybean Oil, Soy Lecithin (Soy), and Artificial Butter Flavor. Colored with Beta Carotene. TBHQ and Citric Acid added to help protect flavor. Dimethylpolysiloxane, an antifoaming agent added.

Contains: soy



Steak n Shake Ingredient and Allergen List

Genuine Chili

Genuine Chili

Chili Beef, and Chili Beans.

Contains: soy (lecithin)

Chili Deluxe

Genuine Chili, Chopped Onions, and Shredded Cheddar-Jack Cheese.

Contains: milk, soy (lecithin)

Chili 3-Way

Spaghetti, Genuine Chili with Extra Chili Beef, and Chili Mac Sauce.

Contains: wheat, soy (lecithin), fish (anchovies)

Chili 5-Way

Spaghetti, Genuine Chili with Extra Chili Beef, Chili Mac Sauce, Diced Onions, and Shredded Cheddar-Jack Cheese.

Contains: wheat, milk, soy (lecithin), fish (anchovies)

Chili Mac

Spaghetti, Chili Beef, and Chili Mac Sauce.

Contains: wheat, soy (lecithin) , fish (anchovies)

Chili Mac Supreme

Spaghetti, Chili Beef, Chili Mac Sauce, Diced Onions, and Shredded Cheddar-Jack Cheese.

Contains: wheat, milk, soy (lecithin), fish (anchovies)

Chili Components

Genuine Chili

Chili Beef (Beef, Beef Fat, Seasoning (Chili Peppers, Spices, Cumin, Dehydrated Garlic, Salt), Salt, Soy Lecithin), Chili Beans (Prepared Light Red Kidney Beans, Water, Salt, Garlic Powder, Spice, Dextrose, Paprika, Calcium Chloride [to maintain firmness], and Calcium Disodium EDTA [added as a preservative]).

Contains: soy (lecithin)

Chili Beef

Beef, Beef Fat, Seasoning (Chili Peppers, Spices, Cumin, Dehydrated Garlic, Salt), Salt, and Soy Lecithin.

Contains: soy (lecithin)

Chili Beans

Prepared Kidney Beans, Water, Salt, Seasoning Blend (Garlic Powder, Spice, Dextrose, and Paprika), Calcium Chloride, and Disodium EDTA (preservative).

Chili Mac Sauce

Tomato Paste, Distilled Vinegar, Water, High Fructose Corn Syrup, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic, Cloves, Chili Peppers, Natural Flavorings, Shallots), Salt, Sodium Benzoate, Potassium Sorbate (to protect freshness), Onion Powder, Garlic Powder, Spices, Caramel Color, and Red 40.

Contains: soy, fish (anchovies)

Spaghetti

Semolina (Wheat), Enriched with Iron (Ferrous Sulfate) and B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid).

Contains: wheat

Diced Onions

Fresh diced onions.



Steak n Shake Ingredient and Allergen List

Cheese, Cheddar-Jack Fancy Shredded

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose (to prevent caking), and Natamycin (natural mold inhibitor).

Contains: milk

Cheese, Parmesan / Romano, Grated

Parmesan Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Romano Cheese made from Cow's Milk (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Powdered Cellulose (prevent caking), and Potassium Sorbate (preservative).

Contains: milk

Crackers, Oyster

Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains one or more of the following Vegetable Oils: Canola Oil, Corn Oil, Palm Oil, Soybean Oil), Salt, Leavening (Sodium Bicarbonate), and Wheat Gluten.

Contains: wheat, soy

Crackers, Saltine

Enriched Flour (Wheat Flour, Niacinamide, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean with TBHQ, Salt, Contains 2% or less of Corn Syrup, Leavening (Baking Soda, Yeast), and Soy Lecithin.

Contains: wheat, soy

Salads

Fried Chicken Salad

Fried Chicken Fingers, Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Cheddar-Jack Cheese, and Choice of Dressing.

Contains: wheat, milk + allergens from choice of dressing

Grilled Chicken Salad

Grilled Chicken Fillet, Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Cheddar-Jack Cheese, Croutons, and Choice of Dressing.

Contains: wheat, soy, milk + allergens from choice of dressing

Apple Pecan Chicken Salad

Grilled Chicken Fillet, Lettuce Blend, Apples, Buttery Pecans, Dried Cranberries, Mandarin Oranges, and Choice of Reduced-fat Berry Balsamic or Other Dressings.

Contains: milk, nuts (*Processed on shared equipment with peanuts, milk, and soy*)

Southwest Grilled Chicken Salad

Grilled Chicken Fillet, Lettuce Blend, Pico de Gallo (Tomatoes, Red Onions, Jalapeno Peppers, Cilantro, Lime Juice), Corn, Black Beans, Fried Tortilla Strips, Cheddar-Jack Cheese, Chipotle Sauce, Lime, and Ranch Dressing.

Contains: wheat, milk, soy, eggs

Salad Components

Apples, Seasonal

Apples, and Calcium Ascorbate (Calcium, Ascorbic Acid [Vitamin C]) added to maintain color.

Cheese, Cheddar-Jack Fancy Shredded

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch, Powdered Cellulose (to prevent caking), and Natamycin (natural mold inhibitor).



Steak n Shake Ingredient and Allergen List

Contains: milk

Cranberries, Dried

Cranberries, Sugar, Sunflower Oil, Elderberry Juice and/or Cherry Juice Concentrate, and Citric Acid.

Croutons, Seasoned

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean and/or Cottonseed Oil, Whey, Salt, Yeast, 2% or less of High Fructose Corn Syrup, Sugar, Calcium Propionate (preservative), Calcium Peroxide, Calcium Sulfate, Ascorbic Acid, Azodicarbonamide, Spices, Parsley*, Onion Powder, Wheat Gluten, Colors (Paprika, Turmeric, Extractive of Paprika), and Spice Extractive, TBHQ (to preserve freshness). *Dehydrated.

Contains: wheat, milk, soy

Packaged in a facility that also packages tree nuts.

Lettuce Blend

Fresh Iceberg and Romaine Lettuces.

Fresh Tomato

Fresh Carrots

Fresh Red Cabbage

Buttery Pecans

Pecans, Sugar, Corn Syrup, Butter (Cream, Salt), Salt, and Natural Flavor.

Contains: Milk, Nuts (processed in a facility using peanuts, soy, wheat, dairy and eggs)

Fried Tortilla Strips

Ground corn treated with lime, water, cellulose gum, propionic acid (to preserve freshness), benzoic acid (preservative), phosphoric acid (to preserve freshness), guar gum, amylase, artificial coloring (dextrose, FD&C Red #40, FD&C Yellow #5, and FD&C Yellow #6).

Corn and Black Beans

Corn, Black Beans (Black Beans, Water), Poblano Chilies, Red Bell Peppers, and Extra Virgin Olive Oil.

Mandarin Oranges

Mandarin Orange segments, Water, and Sugar.

Salad Dressings

Bleu Cheese Dressing

Soybean Oil, Water, Bleu Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Natamycin (A Preservative)), Distilled Vinegar, Egg Yolks, Sugar, Salt, High Fructose Corn Syrup, Natural Bleu Cheese Flavor, Potassium Sorbate And Sodium Benzoate (Added As Preservatives), Xanthan Gum, Sour Cream Solids (Cream, Nonfat Milk Cultures, Cultured Nonfat Milk, Lactic Acid, Citric Acid, BHA (A Preservative)), Lactic Acid, Spice, and Granulated Garlic.

Contains: milk, eggs

French (Honey) Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Honey, Salt, Sugar, Concentrated Lemon Juice, Xanthan Gum, Onion and Garlic Powders, Natural Flavor, Propylene Glycol Alginate, Calcium Disodium EDTA (to protect flavor), and Red 40.



Steak n Shake Ingredient and Allergen List

Honey Mustard Dressing

Soybean Oil, Water, Honey, Brown Sugar, Whole and Egg Yolks, Corn Cider Vinegar, Milk, Distilled Vinegar, Spices, Horseradish, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarinds, Salt, Garlic, Cloves, Chili Peppers, Natural Flavorings, Shallots), Sour Cream Solids (Sour Cream [Cream, Nonfat Milk, Cultures], Cultured Nonfat Milk, Lactic Acid, Citric Acid, BHA [preservative]), Dijon Mustard Solids (Dijon Mustard [Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices], Maltodextrin, Modified Food Starch, Natural Flavors), Salt, Sweet Cream Solids (Sweet Cream, Nonfat Milk, Sodium Caseinate and Silicon Dioxide [anti-caking agent]), Xanthan Gum, Natural and Artificial Flavors, Concentrated Lemon Juice, Aquaresin Paprika, Beta Carotene, and Calcium Disodium EDTA (to protect flavor).

Contains: milk, eggs, fish (anchovies), soy

Buttermilk Ranch Dressing

Soybean Oil, Distilled Vinegar, Water, High Fructose Corn Syrup, Egg Yolks, Buttermilk, Salt, Garlic Juice, Whey, Sodium Benzoate, Potassium Sorbate (Added As Preservatives), Monosodium Glutamate, Xanthan Gum, Natural Butter Flavor, Polysorbate 60, Lactic Acid, Dehydrated Onion, Spices, Titanium Dioxide, and Calcium Disodium EDTA (Added To Protect Flavor).

Contains: milk, eggs

Light Ranch Dressing

Buttermilk, Soybean Oil, Water, Distilled Vinegar, Egg Yolks, Salt, Monosodium Glutamate, Dehydrated Garlic, Xanthan Gum, Sugar, Modified Corn Starch, Onion Powder, Spices, Sodium Benzoate, Potassium Sorbate (added as preservatives), Propylene Glycol Alginate, Lactic Acid, Natural Flavors, and Calcium Disodium EDTA (to protect flavor).

Contains: milk, eggs

Reduced-Fat Berry Balsamic Dressing

Water, Balsamic Vinegar, Sugar, Corn Syrup, Honey, Distilled Vinegar, Soybean Oil, Strawberry Concentrate, Maltodextrin, Raspberry Concentrate, Olive Oil, Salt, Caramel Color, Garlic Juice, Spices, Xanthan Gum, Potassium Sorbate, Sodium Benzoate (Added As Preservatives), Propylene Glycol Alginate, Natural Raspberry Flavor, Dehydrated Garlic, Dehydrated Onion, F.D.&C. Red #40 (Artificial Color), and Calcium Disodium EDTA (To Protect Flavor).

Thousand Island Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate (preservative), Polysorbate 80), Sugar, Salt, Egg Yolks, Honey, Tomato*, Onion*, Concentrated Lemon Juice, Potassium Sorbate and Sodium Benzoate (preservatives), Xanthan Gum, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Natural Flavor, Paprika, Spice, Calcium Disodium EDTA (to protect flavor), Yellow 6, and Red 40. *Dehydrated.

Contains: eggs

Zesty Italian Dressing

Water, Distilled Vinegar, Soybean Oil, High Fructose Corn Syrup, Salt, Egg Yolks, Romano Cheese (pasteurized part skim sheep's milk, enzyme, cheese cultures, salt), Parmesan Cheese (pasteurized part skim milk, cheese culture, salt, enzymes, cellulose (anti-caking), and potassium sorbate to protect flavor), Garlic, Sugar, Xanthan Gum, Spices, Lemon Concentrate, Calcium Disodium EDTA (to protect flavor), and Beta Carotene.

Contains: eggs, milk (from cheese)

Sides

Apples 'n Caramel

Seasonal Apples, and Caramel Sauce.

Bacon Cheese Fries

French Fries, Cheese Sauce, and Bacon.

Contains: milk



Steak n Shake Ingredient and Allergen List

Baked Beans

Prepared Beans.

Contains: soy, fish (anchovies)

Cheese Fries

French Fries, and Cheese Sauce.

Contains; milk

Chili Cheese Fries

French Fries, Genuine Chili, and Cheese Sauce.

Contains; milk, soy (lecithin)

Cottage Cheese

4% Cottage Cheese.

Contains: milk

Cottage Cheese w/Sliced Pineapple Ring

4% Cottage Cheese, and Pineapple in Pineapple Juice.

Contains: milk

Creamy Coleslaw

Coleslaw Mix, and Coleslaw Dressing.

Contains: egg

Cup of Chili

Genuine Chili.

Contains: soy (lecithin)

Garden Salad

Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Croutons, and Choice of Dressing.

Contains: see dressings for possible allergens

Mandarin Oranges

Mandarin Orange Segments, Water, and Sugar.

Nacho Fries

French Fries, Sour Cream, Tomato, Picked Jalapeno, Fresh Salsa, Refried Beans, and Cheese Sauce.

Contains: milk, soy

Onion Rings

Breaded Onions.

Contains: wheat, soy, milk

Vegetable Soup

Cooked Vegetables (Water, Onions, Celery, Carrots, Tomatoes [Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride], Green Beans, Sweet Bell Peppers, Potatoes, Peas, Corn, Spinach), Ketchup (Tomato Concentrate [Water, Tomato Paste], High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Onion Powder, Spice, Natural Flavors), Vegetable Base (Vegetables [Carrots, Celery], Hydrolyzed Vegetable Protein [Hydrolyzed Corn Protein, Salt, Soybean Oil], Sugar, Modified Corn Starch, Soybean Oil, Maltodextrin, Onion Powder, Natural Flavor, Disodium Guanylate, Disodium Inosinate), Tomato Paste, Corn Starch, Hydrolyzed Wheat Gluten Protein (with a maximum of 2% Soybean Oil), Soybean Oil, Dehydrated Garlic, and Spices.

Contains: wheat, soy

Thin 'n Crispy Fries

French Fries



Steak n Shake Ingredient and Allergen List

Sides Components

Apples

Apples, and Calcium Ascorbate (Calcium, Ascorbic Acid [Vitamin C]) added to maintain color.

Baked Beans

Prepared Beans, Water, Sugar, Tomato Paste, Salt, Modified Corn Starch, Paprika, Brown Sugar, Oleoresin Paprika, Natural Flavorings, and Dextrose.

Baked Bean Sauce

Water, Brown Sugar, High Fructose Corn Syrup, Tomato Paste, Molasses, Onion*, Distilled Vinegar, Corn Syrup, Modified Corn Starch, Salt, Spices, Onion Powder, Natural Smoke Flavor, Phosphoric Acid, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic, Cloves, Chili Peppers, Natural Flavor, Shallots), Sodium Benzoate (preservative), Caramel Color, and Garlic Powder. *Dehydrated.

Contains: soy, fish (anchovies)

Caramel Sauce

Corn Sweeteners (Corn and High Fructose Corn Syrups), Sweetened Condensed Skim Milk (Skim Milk, Sugar, Corn Syrup), Sugar, Cream, Butter, Water, Salt, Mono and Diglycerides, Xanthan Gum, Sodium Bicarbonate, and Natural Flavor.

Contains: milk

Cheese, Cheddar Sauce

Water, Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto Color), Partially Hydrogenated Soybean Oil, Corn Starch-Modified, Nonfat Dry Milk, Contains 2% or less of Sodium Phosphate, Salt, Casein, Corn Starch, Sodium Citrate, Whey, Acetic Acid, Cellulose Gum, Monoglycerides, Parmesan Cheese (Milk, Cultures, Salt, Enzymes), Yeast Extract, Citric Acid, Lactic Acid, Spice (Mustard Flour), Natural Flavors (typically found naturally occurring in cheese and other dairy products), Blue Cheese (Milk, Cultures, Salt, Enzymes), Swiss Cheese (Milk, Cultures, Salt, Enzymes), Annatto Color, Maltodextrin, Whey Protein Concentrate, Cream, Yellow No. 6, Caramel Color, and Butter Oil.

Contains: milk

Coleslaw Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Salt, Sugar, Xanthan Gum, Propylene Glycol Alginate, Spice, Sodium Benzoate (preservative), Beta Carotene, Artificial Flavors, and Calcium Disodium EDTA (to protect flavor).

Contains: egg

Coleslaw Mix

Green Cabbage and Carrots.

Cottage Cheese, 4%

Grade A Cultured Skim Milk, Milk, Cream, Salt, Nonfat Dry Milk, Whey, Maltodextrin, Dextrose, Potassium Sorbate (preservative), Guar Gum, Citric Acid, Locust Bean Gum, Carrageenan, Natural and Artificial Flavor, and Enzymes.

Contains: milk

French Fries, Thin 'n Crispy

Potatoes, Batter Mix (Modified Food Starch, Rice Flour, Corn Flour, Dextrin, Salt, Leavening (Bicarbonate of Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dextrose and/or Corn Syrup Solids, Xanthan Gum), Vegetable Oil (Soybean), Dextrose, and Disodium Dihydrogen Pyrophosphate (to maintain natural color).



Steak n Shake Ingredient and Allergen List

Macaroni and Cheese. Kraft®

Cooked Enriched Macaroni Product (Water, Enriched Macaroni Product [Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate (Vitamin B1), Riboflavin [Vitamin B2], Folic Acid), Cheese Sauce (Water, Canola Oil, Whey, Skim Milk, Buttermilk Solids, Whey Protein Concentrate, Granular Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cream, Contains less than 2% of Salt, Sodium Phosphate, Calcium Phosphate, Modified Food Starch, Monoglycerides, Citric Acid, Xanthan Gum, Yellow 5, Yellow 6, Lactic Acid, Artificial Flavor, and Vitamin D3.

Contains: wheat, milk

Onion Rings

Onions, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean and/or Canola Oil), Wheat Flour, Yellow Corn Flour, Bleached Wheat Flour, Water, Contains 2% or less of Dextrose, Iodized Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Oleoresin Paprika, Partially Hydrogenated Soybean Oil, Polysorbate 80, Salt, Soy Flour, Sugar, and Whey.

Contains: wheat, soy, milk

Mandarin Oranges

Mandarin Orange Segments, Water, and Sugar.

Fountain

Classic Milk Shakes

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Choice of Syrup (Chocolate, Vanilla, Strawberry, Banana, Mocha, Hershey®'s Special Dark®, Orange Freeze), Whipped Topping, and Maraschino Cherry.

Contains: milk

Specialty Milk Shakes

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Vanilla Syrup, Whipped Topping, Maraschino Cherry, Choice of Banana Split, Butterfinger®, Chocolate Banana, Chocolate Chip Cookie Dough, Chocolate Fudge Brownie, Cookies 'n Cream, Double Chocolate Fudge, Heath Bar, M&M's®, Mint Cookies 'n Cream, Peanut Butter Banana, Peanut Butter Cup, Red Velvet, Salted Caramel Pretzel, Strawberries, Turtle Caramel Nut, and Ultimate Banana.

Contains: milk + allergens from toppings, candy or cookies, nuts, soy (see below)

Floats – Root Beer, Coke, Soft Drinks

Premium Ice Cream for Shakes, and Choice of Soft Drinks.

Contains: milk

Malts

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Choice of Flavored Syrup, Malt Syrup, Whipped Cream, and Maraschino Cherry.

Contains: milk

Desserts

Chocolate Chip Cookie Sundae

Premium Vanilla Ice Cream, Chocolate Chunk Cookie, Hot Fudge, Whipped Topping, and Maraschino Cherry.

Contains: milk, wheat, soy, eggs

Cinnamon Roll

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Sugar, Water, Palm Oil, Soybean Oil, Eggs, Brown Sugar, Contains 2% or Less of: Whole Wheat Flour, Cinnamon, Cream Cheese (Pasteurized Milk, Cream, Cheese Culture, Salt, Carob Bean Gum), Yeast, Nonfat Milk, Salt, Milk Protein Concentrate, Lactose, Modified Food Starch, Wheat Gluten, Mono- and Diglycerides, Phosphoric Acid, Propionic Acid, High Fructose Corn Syrup, Guar Gum, Sodium Stearoyl, Lactylate (Dough



Steak n Shake Ingredient and Allergen List

Conditioner), Corn Syrup, Natural and Artificial Flavor, Whey, Citric Acid, Beta Carotene (Color), Vitamin A

Palmitate, Calcium Propionate (Preservative), Spice, Xanthan Gum, Soy Lecithin, Polysorbate 60, Disodium Phosphate, Sorbic Acid (Preservative), Maltodextrin, Sodium Citrate, Enzymes, Amidated Pectin, Calcium Citrate, Sodium Benzoate (Preservative), Ascorbic Acid, Potassium Sorbate (Preservative), Neufchatel Cheese (Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers (Xanthan, Carob Bean, Guar Gum)).

Contains: Wheat, Soy, Milk, Egg

Fresh-Baked Cookies

Chocolate Chunk.

Contains: milk, wheat, soy, eggs

Hot Fudge Sundae

Premium Vanilla Ice Cream, Hot Fudge, Whipped Topping, Maraschino Cherry, and Chopped Almonds.

Contains: milk, soy, nuts

Oreo® Ice Cream Sandwich

Premium Vanilla Ice Cream and Oreo® Cookie Wafer.

Contains: milk, soy, wheat

Strawberry Sundae

Premium Vanilla Ice Cream, Strawberry Topping, Whipped Topping, Maraschino Cherry, and Chopped Almonds.

Contains: milk, nuts

Turtle Sundae

Premium Vanilla Ice Cream, Hot Fudge, Hot Caramel, Buttery Pecans, Whipped Topping, and Maraschino Cherry.

Contains: milk, nuts

Brownie Fudge Sundae

Premium Vanilla Ice Cream, Brownie, Hot Fudge, Whipped Topping, and Maraschino Cherry.

Contains: milk, wheat, egg, soy, and almond ingredients

Fountain and Dessert Components

Almonds, Diced, Buttered, Toasted

Almonds (Almonds, Canola Oil, Salt), Butter (Cream [Milk], Natural Flavorings).

Contains: milk, nuts

Buttery Pecans

Pecans, Sugar, Corn Syrup, Butter (Cream, Salt), Salt, and Natural Flavor.

Contains: Milk, Nuts (processed in a facility using peanuts, soy, wheat, dairy and eggs.)

Butterfinger® Pieces

Corn Syrup, Sugar, Ground Roasted Peanuts, Hydrogenated Palm Kernel Oil, Cocoa, Molasses, less than 1% of Whey, Confectioner's Corn Flakes, Nonfat Milk, Salt, Lactic Acid Esters, Soy Lecithin, Soybean Oil, Cornstarch Artificial Flavors, TBHQ and Citric Acid (to preserve freshness), Yellow 5, and Red 40.

Contains: milk, nuts, soy

Caramel Pretzel Bark

Pretzels (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid], Salt, malt, Vegetable Oil [Contains One or More of the Following: Canola Oil, Corn Oil, Soybean Oil], Leavening [Contains one or more of the following: Yeast, Sodium Bicarbonate, Ammonium Bicarbonate], White Coating (Sugar, Partially Hydrogenated Palm Kernel and Palm Oils, Reduced Mineral Whey Powder, Whole Milk Powder, Nonfat Dry Milk, Soy Lecithin [Emulsifier], Salt), Confectionery Coating (Sugar, Partially Hydrogenated Vegetable Oil [Palm Kernel, Coconut, Palm], Cocoa [May be processed with Alkali], Whey, Soy Lecithin [Emulsifier], Vanilla), Salt, Artificial Flavor, Yellow Color (Soybean Oil, Yellow 5 Lake, Soy Lecithin [Emulsifier]), and Orange Color (Soybean Oil, Yellow 6 Lake, Soy, Lecithin [Emulsifier]).



Steak n Shake Ingredient and Allergen List

Contains: soy, wheat, dairy, Tartrazine (May contain traces of peanuts, tree nuts, eggs, soy, wheat and dairy).

Heath English Toffee Bar

Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Nonfat Milk, Milkfat, Lactose, Soy Lecithin, Salt and Vanillin, Artificial Flavor), Sugar, Palm Oil, Dairy Butter (Milk), Almonds (Roasted in Cocoa Butter and/or Sunflower Oil), Salt, Artificial Flavor and Soy Lecithin.

Contains: , milk, nuts, soy

Brownie

Brownie Base (Sugar, Enriched Bleached Wheat Flour [Bleached Wheat Flour, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid], Cocoa, Soybean Oil, Salt, Corn Starch, Leavening [Sodium Bicarbonate], Canola Oil, Water, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soya Lecithin), Walnuts, Liquid Whole Egg, and Almond Flour.

Contains: wheat, egg, soy, tree nuts

May contain milk ingredients, other tree nuts and peanuts.

Caramel Sauce

Corn Sweeteners (Corn and High Fructose Corn Syrups), Sweetened Condensed Skim Milk (Skim Milk, Sugar, Corn Syrup), Sugar, Cream, Butter, Water, Salt, Mono and Diglycerides, Xanthan Gum, Sodium Bicarbonate, and Natural Flavor.

Contains: milk

Chocolate Chunk Cookies

Enriched Bleached Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Semisweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin [emulsifier], Vanillin [artificial flavor], Natural Flavor), Sugar, Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Mono and Diglycerides, Natural Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Butter [Cream, Salt], High Fructose Corn Syrup, Eggs, Contains less than 2% of the following: Water, Molasses, Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Natural and Artificial Flavor.

Contains: wheat, milk, soy, eggs

Manufactured on shared equipment with peanuts and tree nuts.

Milk Chocolate Chips

Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (emulsifier), and Vanillin (artificial flavor).

Contains: milk, soy

Chocolate Chip Cookie Dough Crumbles

Bleached Wheat Flour (enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Sugar, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil, Palm Oil, Cottonseed Oil), Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin [emulsifier], and Vanillin [artificial flavor]), Chocolate Flavored Chips (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa Powder, Cocoa Powder processed with Alkali, Sorbitan Monostearate, Polysorbate 60, Soy Lecithin [emulsifier], Salt, and Vanillin [artificial flavoring], may contain Milk), Dextrose, Molasses, Apple Powder, Water, Salt, Natural and Artificial Vanilla Flavoring.

Contains: wheat, milk, soy

Processed in a facility with Wheat, Eggs, Dairy, Soy, Nuts, and Peanuts.

Chocolate Fudge Sauce

Corn Syrup, Water, Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Dry Milk, Cocoa Processed with Alkali, Cocoa, Modified Corn Starch, Salt, Sodium Bicarbonate, Potassium Sorbate (preservative), Mono and Diglycerides (vegetable), Artificial Flavors, and Soy Lecithin (emulsifier).

Contains: milk, soy



Steak n Shake Ingredient and Allergen List

Cookies and Cream, Chopped

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Oil (contains one or more of the following Vegetable Oils: Canola Oil, Corn Oil, Palm Oil, Soybean Oil), Dextrose, Carmel Color, Dutch Cocoa (process with Alkali), High Fructose Corn Syrup, contains 2% or less of the following: Corn Starch, Chocolate Liquor, Leavening (Sodium Bicarbonate, Monocalcium Phosphate), Salt, Artificial Flavor, and Soy Lecithin (emulsifier).

Contains: wheat, soy

Manufactured on equipment that processes peanut containing product.

Ice Cream, Milk Shakes

Milk, Sugar, Nonfat Milk Solids, Cream, Corn Syrup, Whey, Stabilized and Emulsified by Guar Gum, Mono and Diglycerides, Locust Bean Gum and Carrageenan.

Contains: milk

Ice Cream, Premium Vanilla

Milk, Sugar, Cream, Nonfat Milk Solids, Corn Syrup, Whey, Stabilized and Emulsified by Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan, Artificial Vanilla Flavor, Yellow 5, and Yellow 6.

Contains: milk

Low-fat Yogurt (Fruit 'n Yogurt Parfait)

Low-fat Milk, Sugar, Nonfat Milk, Modified Cornstarch, Gelatin, Whey Protein Concentrate, Artificial Vanilla, and Yogurt Cultures.

Contains: milk

M&M's®

Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors, Sugar, Cornstarch, Less than 1% of the following: Corn Syrup, Gum Acacia, Coloring (Includes Blue 1 Lake, Red 40 Lake, Yellow 6, Yellow 5, Blue 1, Blue 2 Lake, Yellow 6 Lake, Yellow 5 Lake, Blue 2), and Dextrin.

Contains: milk, soy (lecithin), peanuts

Processed in a plant that also processes peanuts.

Maraschino Cherries

Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Citric Acid, Artificial Flavor, Red 40, and Sulfur Dioxide (preservative).

Oreo® Cookie Wafer

Enriched flour (wheat flour, niacin, reduced iron, thiamine Mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), Sugar, High Oleic Canola Oil, Cocoa (processed with alkali), High Fructose Corn Syrup, Wheat Starch, Salt, Leavening (baking soda and/or calcium phosphate), Soy Lecithin (emulsifier), Chocolate, and Vanillin (an artificial flavor).

Contains: soy wheat

Peanut Butter Cups

Milk Chocolate, (Sugar, Cocoa Butter, Dry Whole Milk, Chocolate, Soy Lecithin [emulsifier], Salt, Vanilla), Ground Peanuts, Sugar, Palm Kernel Oil, Lactose, Salt, and Soy Lecithin (emulsifier).

Contains: milk, nuts, soy

Processed in a plant that also processes wheat, egg, and tree nut products



Steak n Shake Ingredient and Allergen List

Red Velvet Cake

Sugar, Cultured Buttermilk, Enriched Bleached Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs, Vegetable Oil (Soybean, Interesterified Soybean and Palm Kernel and/or Cottonseed Oil), Corn Syrup, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Cocoa Processed With Alkali, High Fructose Corn Syrup, Contains 2% or Less of Each of the Following (Corn Starch, Milk Protein Concentrate, Butter, :Propylene Glycol and Polyglycerol and Lactylic Esters of Fatty Acids, Red 40 Lake Color, Whey, Natural and Artificial Flavors, Leavening (Sodium Aluminum Phosphate, Baking Soda, Monocalcium Phosphate), Salt, Cider Vinegar, Lactose Modified Corn Starch, Gums (Xanthan, Arabic, Guar), Mono and Diglycerides, Soy Lecithin, Polysorbate 60, Cream of Tartar, Propylene Glycol Alginate, Potassium Sorbate (preservative), Citric Acid, and Soy Flour.

Contains: wheat, eggs, milk, soy

Strawberries (for Milk Shakes)

Sliced Strawberries and Sugar.

Syrup, Banana

High Fructose Corn Syrup, Water, Banana Puree, Natural Flavors, Citric Acid, Sodium Benzoate (preservative), Sodium Citrate, Cellulose Gum, Yellow 5, and Yellow 6.

Syrup, Cherry

High Fructose Corn Syrup, Water, Natural and Artificial Flavors, Citric Acid, Sodium Benzoate (preservative), Red 40, and Blue 2.

Syrup, Chocolate

Corn Syrup, High Fructose Corn Syrup, Water, Cocoa, Salt, Natural Flavors, Potassium Sorbate (preservative), and Cellulose Gum.

Syrup, Chocolate (Hershey®'s Special Dark®)

High Fructose Corn Syrup, Corn Syrup, Water, Sugar, Cocoa processed with Alkali, Contains 2% or less of Salt, Mono- and Diglycerides, Polysorbate 60, Xanthan Gum, Vanillin, and Artificial Flavor.

Syrup, Green Mint

High Fructose Corn Syrup, Water, Natural Flavor, Sodium Benzoate (preservative), Citric Acid, Yellow 5, and Green 3.

Syrup, Malt

Molasses, High Fructose Corn Syrup, Malt Syrup, Water, Caramel Color, Salt, Preservatives (Potassium Sorbate, Benzoic Acid, and Sorbic Acid).

Syrup, Mocha

High Fructose Corn Syrup, Water, Molasses, Caramel Color, Instant Coffee, Cocoa processed with Alkali, Potassium Sorbate (preservative), Natural Flavors, Xanthan Gum, Yellow 5, Red 3, Blue 1, and Sulfur Dioxide.

Syrup, Orange Freeze

High Fructose Corn Syrup, Water, Citric Acid, Concentrated Orange Juice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (preservatives), Yellows 5, Yellow 6, Xanthan Gum, Modified Food Starch, Citrus Oil, Ester Gum, and Vegetable Oil.

Syrup, Red Velvet

Sugar, Water, Cocoa Processed With Alkali, (Contains 2% or Less of Natural Flavors), Potassium Sorbate (preservative), Xanthan Gum, Sal, Lactic Acid, and Artificial Color (Red 40).

Syrup, Salted Caramel

High Fructose Corn Syrup, Water, *Natural and Artificial Flavors, Salt, Caramel Color, Sorbic Acid, Sodium Benzoate (preservatives), and Annatto (color).

***Contains: barley gluten**



Steak n Shake Ingredient and Allergen List

Syrup, Strawberry

High Fructose Corn Syrup, Water, Strawberry Puree, Natural Flavors, Citric Acid, Concentrated Strawberry Juice, Malic Acid, Sodium Benzoate (preservative), and Red 40.

Syrup, Vanilla

High Fructose Corn Syrup, Water, Corn Syrup, Natural Flavors, Potassium Sorbate, Sodium Benzoate and Benzoic Acid (preservatives), and Caramel Color.

Whipped Topping

Cream, Milk, Sugar, Dextrose, Contains less than 1% of each of the following: Sorbitan Monostearate, Artificial Flavor, Carrageenan, Mixed Tocopherols (Vitamin E) to protect flavor, and Propellant: Nitrous Oxide.

Contains: milk

Beverages

Milk, 2% (Regular or Chocolate)

Reduced Fat Milk, Vitamin A Palmitate, and Vitamin D3.

Coffee

Premium Coffee Blend.

Coffee, Decaffeinated

Premium Coffee Blend.

Tea, Iced

100% Black Tea.

Tea, Hot

100% Darjeeling Tea.

Tea, Sweet

Tea, and Sugar.

Cherry Limeade

Sprite®, Cherry Syrup, Fresh Lime, and Maraschino Cherry

Coca-Cola®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Natural Flavors, and Caffeine.

Diet Coke®

Carbonated Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Natural Flavors, Citric Acid, Potassium Citrate, Potassium Benzoate (to protect taste), Caffeine, Aspartame, and Dimethylpolysiloxane.

Coca-Cola Zero®

Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Aspartame, Potassium Benzoate (to protect taste), Natural Flavors, Acesulfame Potassium, Caffeine, and Dimethylpolysiloxane.

Diet Coke® Caffeine Free

Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Benzoate and Potassium Sorbate (to protect taste), Sodium Saccharin, Natural Flavors, Citric Acid, Aspartame, Potassium Citrate, and Dimethylpolysiloxane.

Barq's® Root Beer

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (to protect taste), Citric Acid, Caffeine, Artificial and Natural Flavors, and Acacia.



Steak n Shake Ingredient and Allergen List

Fanta® Orange

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Sodium Benzoate (to protect taste), Natural Flavors, Modified Food Starch, Sodium Polyphosphates, Glycerol Ester of Rosin, Yellow 6, Brominated Vegetable Oil, and Red 40.

Dr. Pepper®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Artificial and Natural Flavors, Sodium Benzoate (to protect taste), and Caffeine.

High-C Flashn' Fruit Punch

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural and Artificial Flavors, Ascorbic Acid (Vitamin C), Sodium Benzoate (to protect taste), Modified Food Starch, Red 40, Glycerol Ester of Wood Rosin, and Brominated Vegetable Oil.

Minute Maid Lemonade

Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Potassium Benzoate (to protect taste), Modified Food Starch, Glycerol Ester of Wood Rosin, Natural and Artificial Flavors, Brominated Vegetable Oil, and Yellow 5.

Nestle® Pure Life® Bottled Water

Purified Water, Calcium Chloride, Sodium Bicarbonate, and Magnesium Sulfate.

Red Bull® Energy Drink

Carbonated Water, Sucrose, Glucose, Sodium Citrate, Taurine, Glucuronolactone, Caffeine, Inositol, Niacinamide, Calcium-Pantothenate, Pyridoxine HCL, Vitamin B1'2, Natural and Artificial Flavors, and Colors.

Hot Chocolate, Swiss Miss Cocoa

Sugar, Corn Syrup, Modified Whey, Cocoa (processed with Alkali), Hydrogenated Coconut Oil, Nonfat Dry Milk, less than 2% of Salt, Dipotassium Phosphate, Carrageenan, Artificial Flavor, and Mono- and Diglycerides.

Contains: milk

Sprite®

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate (to protect taste), and Dimethylpolysiloxane.

Tropicana® Pure Premium Orange Juice

Orange Juice from the U.S. and Brazil.

Kids Menu

Steakburger™ 'n Fries

Steakburger, Regular Bun, and French Fries.

Contains: wheat, milk, soy

Steakburger™ w/Cheese 'n Fries

Steakburger(s), Regular Bun, American Cheese, and French Fries.

Contains: wheat, milk, soy

Mini Corn-Dogs and Fries

Mini Corn-Dogs (Turkey), and French Fries.

Contains: wheat, milk, soy, eggs

Grilled Cheese 'n Fries

Sourdough Bread, American Cheese, Liquid Margarine, and French Fries.

Contains: wheat, milk, soy



Steak n Shake Ingredient and Allergen List

Chicken Fingers 'n Fries

Chicken Fingers, Sauce Choice, and French Fries.

Contains: wheat, milk, + allergens from choice of sauce

Kraft® Macaroni and Cheese

Enriched Macaroni, and Cheese Sauce.

Contains: wheat, milk

Steakburger™ Minis 'n Fries

Steakburger Mini (2), Mini Buns (2), Fry 'n Steakburger™ Seasoning, Ketchup, Mustard, and French Fries.

Contains: soy

Steakburger™ Minis w/Cheese 'n Fries

Steakburger Mini (2), Mini Buns (2), Fry 'n Steakburger™ Seasoning, American Cheese, Ketchup, Mustard, and French Fries.

Contains: soy, milk

Applesauce

Musselman's Apple Sauce.

Apples 'n Caramel

Seasonal Apples, and Caramel Sauce.

Mandarin Oranges

Mandarin Orange Segments, Water, and Sugar.

Baked Beans

Prepared Beans.

Contains: soy, fish (anchovies)

Jr. Chocolate Chip Cookie Sundae

Premium Vanilla Ice Cream, Chocolate Chip Cookie, Hot Fudge, Whipped Topping, and Maraschino Cherry.

Contains: milk, wheat, soy, eggs

Kids Components

Applesauce

Apples, High Fructose Corn Syrup, Corn Syrup, Water, and Ascorbic Acid (to maintain color).

Baked Beans

Prepared Beans, Water, Sugar, Tomato Paste, Salt, Modified Corn Starch, Paprika, Brown Sugar, Oleoresin Paprika, Natural Flavorings, and Dextrose.

Baked Bean Sauce

Water, Brown Sugar, High Fructose Corn Syrup, Tomato Paste, Molasses, Onion*, Distilled Vinegar, Corn Syrup, Modified Corn Starch, Salt, Spices, Onion Powder, Natural Smoke Flavor, Phosphoric Acid, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic, Cloves, Chili Peppers, Natural Flavor, Shallots), Sodium Benzoate (preservative), Caramel Color, and Garlic Powder. *Dehydrated.

Contains: soy, fish (anchovies)



Steak n Shake Ingredient and Allergen List

Bread, Sourdough

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Yeast, High Fructose Syrup, Contains 2% or less of the following: Soybean Oil, Sugar, Salt, Fumaric Acid, Vinegar, Malic Acid, Lactic Acid, Acetic Acid, Sodium Diacetate, Tricalcium Phosphate, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine Hydrochloride, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Tricalcium Phosphate, Calcium Salts, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Soy Lecithin, Corn Starch, Xanthan Gum, Enzymes, Thiamine Hydrochloride, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy

Buns, Steakburger

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Sodium Stearoyl Lactylate), Malt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (to retain freshness), Soy Lecithin, Soy Flour, Whey, Enzymes, and Calcium Dioxide.

Contains: wheat, soy, milk

Caramel Sauce

Corn Sweeteners (Corn and High Fructose Corn Syrups), Sweetened Condensed Skim Milk (Skim Milk, Sugar, Corn Syrup), Sugar, Cream, Butter, Water, Salt, Mono and Diglycerides, Xanthan Gum, Sodium Bicarbonate, and Natural Flavor.

Contains: milk

Cheese, American

Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Acetic Acid, Enzymes, and Soy Lecithin.

Contains: milk, soy

Cheese, American – Mini

Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, and Soy Lecithin.

Contains: milk, soy

Chocolate Chunk Cookies

Enriched Bleached Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Semisweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin [emulsifier], Vanillin [artificial flavor], Natural Flavor), Sugar, Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Mono and Diglycerides, Natural Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Butter [Cream, Salt], High Fructose Corn Syrup, Eggs, Contains less than 2% of the following: Water, Molasses, Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Natural and Artificial Flavor.

Contains: wheat, milk, soy, eggs

Manufactured on shared equipment with peanuts and tree nuts.

Chocolate Fudge Sauce

Corn Syrup, Water, Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Dry Milk, Cocoa Processed with Alkali, Cocoa, Modified Corn Starch, Salt, Sodium Bicarbonate, Potassium Sorbate (preservative), Mono and Diglycerides (vegetable), Artificial Flavors, and Soy Lecithin (emulsifier).

Contains: milk, soy

French Fries, Thin 'n Crispy



Steak n Shake Ingredient and Allergen List

Potatoes, Batter Mix (Modified Food Starch, Rice Flour, Corn Flour, Dextrin, Salt, Leavening (Bicarbonate of Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dextrose and/or Corn Syrup Solids, Xanthan Gum), Vegetable Oil (Soybean), Dextrose, and Disodium Dihydrogen Pyrophosphate (to maintain natural color).

Ice Cream, Premium Vanilla

Milk, Sugar, Cream, Non-fat Milk Solids, Corn Syrup, Whey, Stabilized and Emulsified by Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan, Artificial Vanilla Flavor, Yellow 5, and Yellow 6.

Contains: milk

Ketchup

Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, and Natural Flavorings

Macaroni and Cheese, Kraft®

Cooked Enriched Macaroni Product (Water, Enriched Macaroni Product [Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate (Vitamin B1), Riboflavin [Vitamin B2], Folic Acid), Cheese Sauce (Water, Canola Oil, Whey, Skim Milk, Buttermilk Solids, Whey Protein Concentrate, Granular Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cream, Contains less than 2% of Salt, Sodium Phosphate, Calcium Phosphate, Modified Food Starch, Monoglycerides, Citric Acid, Xanthan Gum, Yellow 5, Yellow 6, Lactic Acid, Artificial Flavor, and Vitamin D3.

Contains: wheat, milk

Maraschino Cherries

Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Citric Acid, Artificial Flavor, Red 40, and Sulfur Dioxide (preservative).

Mini-Corn Dogs

Batter/Breading: Enriched Bleached Wheat Flour (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Flour, Sugar, Enriched Corn Meal (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or less of the following: Soy Flour, Modified Food Starch, Soybean Oil, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Brown Sugar, Salt, Dried Egg Yolk, Dried Egg White, Honey Solids (with Wheat Starch, Calcium Stearate, Soy Lecithin), Sodium Caseinate, Nonfat Dry Milk, Natural and Artificial Flavor, Soy Lecithin. Cooked in Vegetable oil (Contains one or more of the following: Corn Oil, Cottonseed Oil, Partially Hydrogenated Soybean Oil). **Frank:** Mechanically separated Turkey, Water, Salt, Corn Syrup, Contains 2% or less of the following: Potassium Lactate, Flavorings, Dextrose, Sodium Diacetate, Ascorbic Acid (Vitamin C), Natural Smoke Flavor, Extractives of Paprika, and Sodium Nitrite.

Contains: wheat, soy, milk, eggs

Mustard

Distilled Vinegar, Mustard Seed, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, and Paprika.

Seasoning, Fry 'n Steakburger™ (Mini Steakburgers)

Salt, Dehydrated Onion and Garlic, Sugar, Spices, Paprika, Turmeric, and Soybean Oil.

Steakburger™

100% pure beef patty.

Fresh Tomatoes

Whipped Topping

Cream, Milk, Sugar, Dextrose, Contains less than 1% of each of the following: Sorbitan Monostearate, Artificial Flavor, Carrageenan, Mixed Tocopherols (Vitamin E) to protect flavor, and Propellant: Nitrous Oxide.

Contains: milk

Liquid Margarine (for Grilling)

Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid (added to protect flavor), Artificially flavored, Colored with Beta Carotene, and Dimethylpolysiloxane (antifoaming agent).

Contains: soy



Steak n Shake Ingredient and Allergen List

Breakfast

All You Can Eat Pancakes

Buttermilk Pancakes, Syrup, and Whipped Butter.

Contains: eggs, soy, wheat, milk

Bagel Sandwich

Scrambled Egg, American Cheese, Choice of Breakfast Meat, and Bagel.

Contains: wheat, eggs, milk, soy (cooking spray)

Bean and Cheese Taco

Refried Beans, Cheddar Cheese, Flour Tortilla

Contains: Wheat, Milk, Soy

Biscuit Sandwich

Scrambled Egg, American Cheese, Choice of Breakfast Meat, and Buttermilk Biscuit.

Contains: wheat, milk, soy, eggs

Blueberry Pancakes

Buttermilk Pancakes, Blueberries, Blueberry Topping, and Whipped Topping.

Contains: eggs, soy, wheat, milk

Breakfast Shooters

Mini-Steakburger Bun, Scrambled Egg, American Cheese, and Choice of Meat.

Contains: eggs, milk, wheat, soy

Cakes 'n Eggs

Buttermilk Pancakes, Farm-Fresh Eggs, Choice of Breakfast Meat, Syrup, and Whipped Butter.

Contains: eggs, soy, wheat, milk

Chocolate Chip Pancakes

Buttermilk Pancakes, Milk-Chocolate Chips, Powdered Sugar, Whipped Topping, and Syrup.

Contains: eggs, soy, wheat, milk

California Skillet - Chicken

Shredded Hash Brown Potatoes, Grilled Chicken Filet, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, Savory Seasoning, and Avocado.

Contains: milk, eggs, soy

California Skillet - Sausage

Shredded Hash Brown Potatoes, Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, Savory Seasoning, and Avocado.

Contains: milk, eggs, soy

Breakfast Bowl with Hash Browns

Shredded Hash Brown Potatoes, Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, and Savory Seasoning.

Contains: milk, eggs, soy

Breakfast Bowl without Hash Browns

Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, and Savory Seasoning.

Contains: milk, eggs, soy

Breakfast Bowl – Sausage Gravy 'n Biscuit



Steak n Shake Ingredient and Allergen List

Buttermilk Biscuits, and Sausage Gravy.

Contains: milk, wheat, soy

Cinnamon Roll

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Sugar, Water, Palm Oil, Soybean Oil, Eggs, Brown Sugar, Contains 2% or Less of: Whole Wheat Flour, Cinnamon, Cream Cheese (Pasteurized Milk, Cream, Cheese Culture, Salt, Carob Bean Gum), Yeast, Nonfat Milk, Salt, Milk Protein Concentrate, Lactose, Modified Food Starch, Wheat Gluten, Mono-and Diglycerides, Phosphoric Acid, Propionic Acid, High Fructose Corn Syrup, Guar Gum, Sodium Stearoyl, Lactylate (Dough Conditioner), Corn Syrup, Natural and Artificial Flavor, Whey, Citric Acid, Beta Carotene (Color), Vitamin A Palmitate, Calcium Propionate (Preservative), Spice, Xanthan Gum, Soy Lecithin, Polysorbate 60, Disodium Phosphate, Sorbic Acid (Preservative), Maltodextrin, Sodium Citrate, Enzymes, Amidated Pectin, Calcium Citrate, Sodium Benzoate (Preservative), Ascorbic Acid, Potassium Sorbate (Preservative), Neufchatel Cheese (Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers (Xanthan, Carob Bean, Guar Gum)).

Contains: Wheat, Soy, Milk, Egg

Country Skillet

Shredded Hash Brown Potatoes, Buttermilk Biscuit, Breakfast Sausage, Sausage Gravy, Farm-Fresh Eggs, and Wisconsin Cheddar Cheese.

Contains: wheat, milk, soy, eggs

Classic Egg Breakfast

Farm-Fresh Eggs, Choice of Breakfast Meat, and Choice of Bread.

Contains: eggs, wheat, soy

Cheddar Scrambler

Scrambled Eggs, Wisconsin Cheddar Cheese, Sausage, Caramelized Onions, Choice of Hash Brown Potatoes, and Choice of Bread.

Contains: eggs, milk, soy, wheat

Fruit 'n Yogurt Parfait

Low-fat yogurt, Strawberries, Blueberries, and Granola.

Contains: milk, soy, may contain traces of peanuts and/or tree nuts.

Hash Browns, Seasoned

Seasoned Hash Brown Potatoes, and Soybean Oil.

Contains: soy

Hash Browns, Shredded

Shredded Hash Brown Potatoes, and Liquid Margarine.

Contains: soy

Homestyle Breakfast

Farm-Fresh Eggs, Choice of Breakfast Meat, Choice of Hash Brown Potatoes, and Choice of Bread.

Contains: eggs, soy, wheat

Panwich™

Buttermilk Pancakes, Farm-Fresh Egg, Breakfast Sausage, Choice of Hash Brown Potatoes, and Syrup.

Contains: eggs, soy, wheat, milk

Perfect Start Oatmeal

Quaker Maple & Brown Sugar Instant Oatmeal, Nut Blend, and Fruit Blend.

Contains: tree nuts

Portobello & Sausage Skillet

Shredded Hash Brown Potatoes, Portobello Mushrooms, Breakfast Sausage, Caramelized Onions, Farm-Fresh Eggs, Swiss Cheese, Wisconsin Cheddar Cheese, and Garlic Mayo.



Steak n Shake Ingredient and Allergen List

Contains: eggs, milk, soy

Slinger Skillet – Sausage

Shredded Hash Brown Potatoes, Farm Fresh Eggs, Cheddar Cheese, Monterey Jack Cheese, Breakfast Sausage, Chili and Savory Seasoning.

Contains: eggs, milk, soy

Slinger Skillet – Steakburger™

Shredded Hash Brown Potatoes, Farm Fresh Eggs, Cheddar Cheese, Monterey Jack Cheese, Steakburgers, Chili, and Savory Seasoning.

Contains: eggs, milk, soy

Potato and Egg Taco

Shredded Hash Brown Potatoes, Scrambled Eggs, Flour Tortilla

Contains: Wheat, Milk, Eggs

Sausage, Egg and Cheese Taco

Scrambled Eggs, Sausage, Pico de Gallo, Chipotle Sauce, Flour Tortilla

Contains: Wheat, Milk, Eggs, Soy

Sausage Gravy 'n Biscuits

Buttermilk Biscuits, and Sausage Gravy.

Contains: milk, wheat, soy

Kid's Breakfast

Breakfast Minis

Mini-Steakburger Bun, Scrambled Egg, American Cheese, Choice of Meat, and Cooking Spray.

Contains: eggs, milk, soy

Chocolate Chip Pancakes

Buttermilk Pancakes, Milk-Chocolate Chips, Powdered Sugar, Whipped Topping, and Syrup.

Contains: eggs, soy, wheat, milk

Egg, Bacon or Sausage 'n Toast

Farm-Fresh Egg, Breakfast Bacon or Sausage, and Toast.

Contains: egg, wheat, soy

Silver Dollar Pancakes

Pancakes (3), Syrup, and Whipped Butter.

Contains: eggs, milk, soy

Breakfast Components

Bagel

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Contains 2% or less of each of the following: Wheat Flour, Salt, Yellow Corn Meal, Malted Barley and Corn Flour, Molasses, Yeast, Wheat Gluten, Sodium Stearoyl Lactylate, Monoglycerides, Soybean Oil, Enzymes, and Calcium Propionate (to retard spoilage).

Contains: wheat

Bacon

Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, and Sodium Nitrate.



Steak n Shake Ingredient and Allergen List

Biscuit

Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Hydrogenated Palm Kernel Oil, Buttermilk, Leavening (Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Skim Milk, Soybean Oil, Contains less than 2% of the following: Sugar, Salt, Water, Modified Corn Starch, Artificial Flavor, and Soy Lecithin (An Emulsifier),

Contains: wheat, milk, soy

Blueberries

Blueberries.

Blueberry Compote

Blueberries, High Fructose Corn Syrup, Water, Modified Food Starch (corn), Natural Flavor, and Potassium Sorbate (preservative).

Bread

Choice of White, Wheat, Rye, or Sourdough.

Contains: see individual items for allergens

Cheese, Cream Spread

Pasteurized Milk and Cream, Water, Lactose, Salt, Cheese Culture, Stabilizers (Carob Bean and/or Xanthan and/or Guar Gums), Potassium Sorbate (preservative), and Citric Acid.

Contains: milk

Eggs, Farm-Fresh

USDA Grade A Pasteurized Shell Eggs.

Contains: egg, soy (cooking spray)

Eggs, Scrambled

Whole Eggs, Nonfat Milk, Egg Whites, Dextrose, Xanthan Gum, Citric Acid, Artificial Butter Flavor (Butter, Cream, Milk), Partially Hydrogenated Soybean and Cottonseed Oil, Soy bean Oil, Lipolyzed Butter Oil, Flavors and Artificial Flavors, and Annatto (color).

Contains: eggs, milk, soy

Eggs, Cholesterol Free

Egg Whites, Nonfat Milk, Modified Food Starch, Whey Protein Isolate, Soybean Oil, Xanthan Gum, Natural Egg Flavor, Liquid Pepper Extract, Natural and Artificial Butter Flavor [Butter (Cream), Lipolyzed Butter Oil, Medium Chain Triglycerides, Natural and Artificial Flavors, Soybean Oil, and Annatto Extract], Yellow 5 (Color), Beta Carotene (Color), and Annatto (Color). Contains less than 1/2 gram Lactose per serving.

Contains: eggs, milk, soy (cooking spray)

Flour Tortilla

Prepared Flour (Enriched Bleached Flour (Wheat, Niacin, Iron, Zinc, Thiamin, Riboflavin and Folic Acid), Amylase Enzyme, Ascorbic Acid, Benzoyl Peroxide), Beef Fat, Water Salt, Contains less than 2% of the following Corn Starch, Calcium Carbonate, Calcium Propionate, CMC, Arabic Gum, Guar Gum, Whey, Sorbic Acid, Fumaric Acid, Lcysteine, Tricalcic Phosphate.

Contains: Wheat, Milk

Fresh Salsa

Roma Tomatoes, Fire Roasted Tomatoes:(Unpeeled Diced Tomatoes Tomato Juice, 2% or Less of: Salt, Citric Acid, Yeast Extract, Calcium Chloride, Natural Flavor, Onion Juice, Garlic Powder, Onion Powder), Jalapeno, Cilantro, Lime Juice, Salt, Onion, Chipotle Peppers in Spicy Adobo Sauce: (Chipotle Peppers, Tomato Puree, Onions, Vinegar, Canola Oil, Sugar, Salt, Paprika and Garlic.

Fruit Blend (for Oatmeal)



Steak n Shake Ingredient and Allergen List

Dried Cranberries, (Cranberries, Sugar, Sunflower Oil), Golden Raisins (Raisins, Sulfur Dioxide), Dried Cherries (Cherries, Sugar, Cherry Juice, Sunflower Oil, Citric Acid), and Dried Blueberries (Cultivated Blueberries, Sugar, Sunflower Oil).

Contains: Packaged in a facility that also packages tree nuts.

Granola (for Fruit 'n Yogurt Parfait™)

Toasted Oats (Whole Grain Rolled Oats, Sugar, Invert Syrup, Soybean Oil, Honey, Brown Sugar Molasses), Crisp Rice (Rice, Sugar, High Fructose Corn Syrup, Malt Flavoring, Niacinamide, Thiamin Hydrochloride [Vitamin B1], Calcium Pantothenate, Pyridoxine Hydrochloride [Vitamin B6], and Folic Acid, BHT added for freshness), Corn Syrup, Sugar, Brown Sugar, Palm Kernel Oil, Apple Sauce (Apples, Water), Water, Cinnamon, Honey, Salt, and Orange Oil.

Contains: soy

May contain traces of peanuts and/or tree nuts.

Hash Browns. Silver Dollar

Potatoes, Vegetable Oil (contains one or more of the following oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dehydrated Potato Flakes (Potatoes, Mono- and Diglycerides, Sodium Acid Pyrophosphate and Citric Acid added to maintain natural color), Seasoning Blend (Salt, Potato Starch – Modified, Dehydrated Onion, Modified Cellulose, Sodium Acid Pyrophosphate [to maintain natural color], Baking Powder [Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Monocalcium Phosphate], Sodium Alginate, Spices, Garlic Powder, Calcium Lactate, Sodium Citrate, Xanthan Gum, Malic Acid, Annatto and Turmeric Extract [color]), and Dextrose.

Hash Browns. Shredded

Potatoes, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), and Dextrose.

Honey

Honey.

Jam. Strawberry

Strawberries, High Fructose Corn Syrup, Corn Syrup, Sugar, Fruit Pectin, and Citric Acid.

Jelly. Grape

Concord Grape Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, and Sodium Citrate.

Milk Chocolate Chips

Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (emulsifier), and Vanillin (artificial flavor).

Contains: milk, soy

Nut Blend (for Oatmeal)

Almonds, Walnuts, and Pecans.

Contains: tree nuts

Onions. Caramelized

Onions, Liquid Margarine (Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid [added to protect flavor], Artificial Flavors, Colored with Beta Carotene, and Dimethylpolysiloxane [antifoaming agent]).

Contains: soy

Pancakes

Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, may contain Malted Barley Flour, Enzymes, Ascorbic Acid), Sugar, Dextrose, Sodium Bicarbonate, Soy Flour. Contains 2% or less of the following: Canola or Soybean Oil, Partially Hydrogenated Soybean and Cottonseed Oils, Sodium Aluminum Phosphate, Monocalcium Phosphate, Nonfat Milk, Salt, Eggs, Buttermilk, Natural and Artificial Flavors, Caramel Color, Yellow #6, Yellow #5, Yellow #5 Lake, and Yellow #6 Lake.

Contains: egg, milk, soy, wheat

Quaker Instant Maple & Brown Sugar Oatmeal

Whole Grain Rolled Oats, sugar, Natural Flavor, Salt, Calcium Carbonate, Guar Gum, Oat Flour, Caramel Color, Reduced Iron, and Vitamin A Palmitate.



Steak n Shake Ingredient and Allergen List

Refried Beans

Pinto Beans (Prepared Pinto Beans, Water, Salt, Calcium Chloride, Calcium Disodium EDTA (for Color Retention), Spices, Dehydrated Garlic, Salt, Natural Hickory Smoke Flavor, Natural and Artificial Flavors, Soybean Oil.

Contains: Soy

Sausage Gravy

Gravy Mix: [Modified Food Starch, Partially Hydrogenated Soybean Oil, Corn Syrup Solids, Maltodextrin, Salt, Bleached Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Sodium Caseinate, Yeast Extract, Palm Oil, Spice, Natural Flavors, Mono & Diglycerides, Annatto Extract, Caramel Color, FD&C Yellow #5, Silicon Dioxide (added less than 2% as an Anti-Caking Agent)], and **Sausage:** (Pork, Water, Salt, Spice Extractives, Sugar, Monosodium Glutamate).

Contains: milk, wheat, soy

Sausage Patty

Pork, Water, Salt, Spice Extractives, Sugar, and Monosodium Glutamate.

Strawberries (for Fruit 'n Yogurt Parfait)

Strawberries.

Syrup

Corn Syrup, High Fructose Corn Syrup, Water, Cellulose Gum, Caramel Color, Salt, Sodium Benzoate and Sorbic Acid (preservatives), Artificial and Natural Flavors, and Sodium Hexametaphosphate.

Grilling Oil, Frying Oil and Cooking Spray

Liquid Margarine (for Grilling)

Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid (added to protect flavor), Artificially flavored, Colored with Beta Carotene, and Dimethylpolysiloxane (antifoaming agent).

Contains: soy

Frying Oil

Soybean Oil, Partially Hydrogenated Soybean Oil with TBHQ, and Dimethylpolysiloxane (an antifoaming agent) added.

Cooking Spray

Soybean Oil, Soy Lecithin (heat resistant), Silicone Dioxide, Water and Propellant (non-chlorofluorocarbon).

Contains: soy

Miscellaneous Condiments

A.1®. Original Steak Sauce

Tomato Puree (Water, Tomato Paste), Distilled Vinegar, Corn Syrup, Salt, Raisin Paste, Crushed Orange Puree, Spices, Herbs, Dried Garlic and Onion, Caramel Color, Potassium Sorbate (to preserve freshness), and Xanthan Gum.

Butter, Salted

Cream, and Salt.

Contains: milk

Frank's Redhot Sauce

Aged Cayenne Red Peppers, Vinegar, Water, Salt, and Garlic Powder.



Steak n Shake Ingredient and Allergen List

Half & Half

Milk, Cream, Contains less than 1% of each of the following: Sodium Citrate and Disodium Phosphate.

Contains: milk

Pepper

Black Pepper.

Peppers, Sport

Sport Peppers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate, and Turmeric.

Salt

Table Salt.

Sugar

White Granulated Sugar.

Sweetener ("Pink Label")

Nutritive Dextrose, 3.6% Calcium Saccharin (28.8mg. per packet), and Calcium Silicate (anti-caking agent).

Sweetener ("Blue Label")

Dextrose with Maltodextrin, and Aspartame.

Contains: Phenylalanine

Sweetener ("Yellow Label")

Dextrose with Maltodextrin, and Sucralose.